

Dr. G's Healing Salve Recipe

- Personal & Professional Disclaimer: This information has not been evaluated by the FDA and is not intended to diagnose, treat, prevent or cure any disease.
- This salve is intended for mainly external use but may be used orally (in mouth) with swish and spit method.
- Be aware that some wounds may not improve and can even worsen and may require further evaluation by a Licensed Provider.
- Please be sure to inform your provider of topical/oral use as well as ingredient list.
- I recommend checking with a doctor before using if you are pregnant or have ongoing medical condition.

Ingredients and their Properties

Organic Virgin (unrefined) Cold Pressed Coconut Oil: has natural anti-fungal properties

Organic Turmeric Powder: active ingredient Curcumin has natural anti-inflammatory properties

Organic Oregano Oil: has powerful antiseptic- antibacterial properties

Organic Melaleuca (Tea Tree) oil: has both natural antifungal and antibacterial properties

Organic Frankincense oil: has natural anesthetic properties for relief of pain

Directions for Mixing

½ cup cold coconut oil

1.5 teaspoons of turmeric powder

15 drops of oregano oil

10 drops of melaleuca oil

10-15 drops of Frankincense oil

Place all ingredients in glass bowl and mix with Spoon, stir stick, etc. by hand until well combined, it will liquify or soften as it is stirred by hand. DO NOT MELT IN MICROWAVE

Store in a glass jar or container in cool dark area, will keep for up to three months. Be sure to use clean tool each time for getting out of jar to prevent contamination.

Place an ample amount to cover abscess or sore area, then cover with dry gauze or bandage, repeat up to two times daily as needed, for 3 days.

If within 3 days no improvement occurs or worsening of the wound occurs seek medical attention immediately.

If additional symptoms, such as fever, chills, or odor at wound site occur seek medical attention immediately.

If any of these symptoms already occur, do not use this salve before seeking medical attention.

NOTE: Turmeric will temporarily discolor skin, but permanently discolor clothes and other materials upon contact.

NOTE: Coconut oil becomes liquid at temperatures of 76 degrees and higher (here in the south usually from May until October your oil will be all liquid or partially liquid, while in winter it is solid).

Personal Testimony

In practice I have used this salve successfully with both family and patients for abscesses both oral and external. I have watched as they dissolve internally and also some open up and drain without further intervention.

NOTE: I have only used Doterra essential oils for this recipe and therefore cannot confirm that other essential oils will be as successful (due to dilution issues and varying purity levels).

Ways to Purchase ingredients:

You can purchase these items individually using your Doterra specialist or the Doterra link on the shop page.

You can purchase a pre-made jar in Dr. G 's Shop